

JERSEY CRAB SHACK DINE-IN ALLERGENS	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
SMALL PLATES														
Oysters with shallot vinegar								✓						
Oysters with spicy pork sausage		✓		□			□	✓		□		□	✓	✓
Hass avocado on multigrain toast	□	✓		□			□		□ ¹	□		✓		
Hass avocado on toast, add free-range egg	□	✓		✓			□		□ ¹	□		✓		
Hass avocado on toast, add prawn cocktail	✓	✓	✓	✓	✓		□		□ ¹	□		✓		✓
Rocket salad							✓		□ ¹					✓
Salade composée									□ ¹			✓		
Crispy prawn fritters	□	□ ²	✓	□ ²	□ ²			□ ²	□ ¹				✓	
Jersey crab cake	□	✓	✓	✓	□ ²			□ ²	□ ¹			□ ²	✓	✓
Jersey crab nachos			✓	✓								✓		
Chipotle BBQ pulled pork tacos	✓	✓		✓	✓		✓		✓					
Sticky sesame chicken wings	✓	✓	□ ²	✓	✓				✓			✓	✓	
Pea, cauliflower and courgette pakora										□			✓	
Chilli fried squid	□	□ ²	□ ²	□ ²	✓			✓	□ ¹				✓	
Steamed seasonal greens														
SNACKS & SIDES														
Jersey Royals							✓							
Chips														
Truffle chips							✓							
Sweet potato chips														
Maryland chips	✓													
Spicy corn kernels										□	□	□		
Black niçoise olives														
Continental breads		✓		□			✓			□		✓	□	✓
Toasted gluten-free bread				✓			✓							
Toasted gluten-free bread (<i>without butter</i>)				✓										
Garlic ciabatta		✓					✓			□		□	□	✓
Garlic ciabatta - ham and mozzarella		✓					✓			□		□	□	✓
Spicy pork sausage		✓											✓	✓
BIG PLATES														
Crab linguine		✓	✓										□	
Chicken schnitzel		✓	□ ²	✓	□ ²		✓	□ ²	□ ²			□ ²	✓	✓
Crab tacos	□	✓	✓				✓		□ ²					✓
Beetroot Buddha bowl	□								□ ¹			✓	✓	
Beetroot Buddha bowl with chicken	□	□ ²	□ ²	□ ²	□ ²			□ ²	□ ¹			✓	✓	
Beetroot Buddha bowl with king prawns	□	□ ²	✓	□ ²	□ ²			□ ²	□ ¹			✓	✓	
Indonesian seafood curry	□	□ ²	✓	□ ²	✓	□		□ ²	✓					✓
Punjabi lentil curry	□	□							✓					✓
Complète burger		✓	□ ²	✓	✓		✓	□ ²	✓	□		□	✓	
Chipotle BBQ pulled pork tacos	✓	✓		✓	✓		✓		✓					
Beef burger		✓	□ ²	✓	✓		□	□ ²	✓				□	
Beef burger with no gherkin or tomato		✓	□ ²	✓	✓		□	□ ²	✓				□	
Beef burger with no bun		✓	□ ²	✓	✓			□ ²	✓					
Crispy fried tofu and cashew nut ramen										✓	□	✓	✓	✓
Fish and chips		□ ²	□ ²	✓	✓			□ ²						
Fish tacos with pico de gallo		✓	□ ²	✓	✓			□ ²						
Butternut burger		✓		□			□		✓			✓	✓	✓
Grande salade composée									□ ¹			✓		
Grande salade composée with chicken		□ ²	□ ²	□ ²	□ ²			□ ²	□ ¹			✓		
Grande salade composée with king prawns		□ ²	✓	□ ²	□ ²			□ ²	□ ¹			✓		
Crab salad			✓						□ ¹			✓		

JERSEY CRAB SHACK															DINE-IN ALLERGENS																
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CHILDREN'S MENU																															
Tomato linguine															✓	✓						✓								□	✓
Fish and chips																□ ²	□ ²	✓	✓			□ ²									
Mini beef burger																✓	□ ²	✓	✓		□	□ ²	✓						✓		
Chicken schnitzel																✓	□ ²	✓	□ ²			□ ²									
PUDDINGS																															
Caramelized bananas																				□				✓	□			✓			
Passion fruit and mango sorbet																					□			□							
Warm chocolate chunk brownie																		✓			✓							✓			
Sticky toffee pudding																□		✓			✓			□	□	□					
Jersey dairy ice cream																					✓							✓			
Tiramisu																✓		✓			✓							✓	✓		
Banoffee meringue tart																✓		✓			✓			✓	□			✓			
Affogato - espresso, vanilla ice cream																					✓										
Jersey ice cream shot (Frangelico or Baileys)																✓		✓			✓			✓				✓	✓		
Caramelized banana sundae																✓		✓		□	✓			✓	□			✓			
Double chocolate sundae coupe																		✓			✓			✓	□			✓			
CHILDREN'S PUDDINGS																															
Jersey dairy ice cream, sprinkles																					✓								✓		
Children's caramelized bananas																✓		✓			✓								✓		
Children's warm chocolate chunk brownie																		✓			✓								✓		

- ✓ = Contains allergen
- = Contains ingredient with label that indicates may contain allergen.
- ¹ = Contains allergen in salad dressing.
- ² = Cross-contamination risk due to cooking method.

We recommend that guests with severe food allergies choose a complete dish from this allergen menu so they can check it does not contain the relevant allergens.

If ordering by app, those with severe allergies are also advised to place their order separately, and to choose the relevant allergen on the app. We will then do our best to avoid cross-contamination for this dish.

All food is prepared in a kitchen which handles allergens. We do our best to reduce the risk of cross-contamination and provide allergen and cooking information so that customers can make their own decision about what dish to eat. We cannot guarantee that any of our dishes are free from allergens. Certain cooking methods (for example deep frying or grilling) may result in exposure to allergens from other dishes cooked using the same method and may therefore not be suitable for people with allergies.

Further information can be found at jprestaurants.com/food-allergy-policy

JERSEY CRAB SHACK CLICK & COLLECT ALLERGENS	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
SMALL PLATES														
6 Jersey rock oysters								✓						
Jersey crab cake	☐	✓	✓	✓	☐ ²			☐ ²	✓			☐ ²	✓	✓
Sticky sesame chicken wings	✓	✓		✓	✓				✓			✓	✓	
BIG PLATES														
Crab linguine		✓	✓										☐	
Crab tacos	☐	✓	✓				✓		✓				✓	✓
Chicken schnitzel		✓	☐ ²	✓	☐ ²		✓	☐ ²	☐ ²			☐ ²	✓	✓
Indonesian seafood curry	☐	☐ ²	✓	☐ ²	✓			☐ ²	✓				✓	
Punjabi lentil curry	☐	☐							✓				✓	
Complete burger		✓	☐ ²	✓	✓		✓	☐ ²	✓	☐		☐	✓	
Butternut burger		✓		☐			☐		✓			✓	✓	✓
Fish and chips		☐ ²	☐ ²	✓	✓			☐ ²	☐ ²			☐ ²	✓	
Beetroot Buddha bowl	☐								✓			✓	✓	
Beetroot Buddha bowl with chicken	☐	☐ ²	☐ ²	☐ ²	☐ ²			☐ ²	✓			✓	✓	
Beetroot Buddha bowl with king prawns	☐	☐ ²	✓	☐ ²	☐ ²			☐ ²	✓			✓	✓	
Grande salade composée									✓			✓	✓	
Grande salade composée with chicken		☐ ²	☐ ²	☐ ²	☐ ²			☐ ²	✓			✓	✓	
Grande salade composée with king prawns		☐ ²	✓	☐ ²	☐ ²			☐ ²	✓			✓	✓	
Chicken katsu burger		✓		✓	✓		✓		✓			✓	✓	✓
Crab salad			✓						✓			✓		✓
Crispy fish tacos		✓	☐ ²	✓	✓			☐ ²						✓
SIDES														
Rocket salad							✓		✓					✓
New potatoes							✓							
Chips									☐ ²				☐ ²	
Truffle chips							✓		☐ ²				☐ ²	
Sweet potato chips									☐ ²				☐ ²	
Maryland chips	✓								✓				✓	
Spicy corn kernels										☐	☐	☐		
Black Niçoise olives														
CHILDREN'S MENU														
Tomato linguine	✓	✓					✓						☐	✓
Fish and chips		☐ ²	☐ ²	✓	✓			☐ ²	☐ ²			☐ ²	✓	
Mini beef burger		✓	☐ ²	✓	✓		☐	☐ ²	✓				✓	
Chicken schnitzel		✓	☐ ²	✓	☐ ²			☐ ²	☐ ²			☐ ²	✓	
PUDDINGS														
Warm chocolate chunk brownie				✓			✓						✓	
Sticky toffee pudding		☐		✓			✓			☐	☐	☐		
Jersey dairy ice cream							✓						✓	

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