

JERSEY CRAB SHACK

CLICK & COLLECT ALLERGENS

1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
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SMALL PLATES

6 Jersey rock oysters							✓						
Jersey crab cake	☐	✓	✓	✓	☐ ²		☐ ²	✓			☐ ²	✓	✓
Sticky sesame chicken wings	✓	✓		✓	✓			✓			✓	✓	

BIG PLATES

Crab linguine		✓	✓									☐	
Crab tacos	☐	✓	✓			✓		✓				✓	✓
Chicken schnitzel		✓	☐ ²	✓	☐ ²	✓	☐ ²	☐ ²			☐ ²	✓	✓
Indonesian seafood curry	☐	☐ ²	✓	☐ ²	✓		☐ ²	✓				✓	✓
Punjabi lentil curry	☐	☐						✓				✓	
Complete burger		✓	☐ ²	✓	✓	✓	☐ ²	✓	☐		☐	✓	
Butternut burger		✓		☐		☐		✓			✓	✓	✓
Fish and chips		☐ ²	☐ ²	✓	✓		☐ ²	☐ ²			☐ ²	✓	
Beetroot Buddha bowl	☐							✓			✓	✓	
Beetroot Buddha bowl with chicken	☐	☐ ²	☐ ²	☐ ²	☐ ²		☐ ²	✓			✓	✓	
Beetroot Buddha bowl with king prawns	☐	☐ ²	✓	☐ ²	☐ ²		☐ ²	✓			✓	✓	
Beetroot Buddha bowl with crab	☐		✓	✓				✓			✓	✓	
Grande salade composée								✓			✓	✓	
Grande salade composée with chicken		☐ ²	☐ ²	☐ ²	☐ ²		☐ ²	✓			✓	✓	
Grande salade composée with king prawns		☐ ²	✓	☐ ²	☐ ²		☐ ²	✓			✓	✓	
Grande salade composée with crab			✓	✓				✓			✓	✓	
Chicken katsu burger		✓		✓	✓	✓		✓			✓	✓	✓
Five spice ribs		☐						✓			✓	✓	✓
Crab salad			✓					✓			✓		✓
Crispy fish tacos		✓	☐ ²	✓	✓		☐ ²						✓

SIDES

Rocket salad						✓		✓					✓
New potatoes						✓							
Chips								☐ ²				☐ ²	
Truffle chips						✓		☐ ²				☐ ²	
Sweet potato chips								☐ ²				☐ ²	
Maryland chips	✓							✓				✓	
Spicy corn kernels									☐	☐	☐		
Black Niçoise olives													

CHILDREN'S MENU

Tomato linguine	✓	✓				✓						☐	✓
Fish and chips		☐ ²	☐ ²	✓	✓		☐ ²	☐ ²			☐ ²	✓	
Mini beef burger		✓	☐ ²	✓	✓	☐	☐ ²	✓				✓	
Chicken schnitzel		✓	☐ ²	✓	☐ ²		☐ ²	☐ ²			☐ ²	✓	

PUDDINGS

Warm chocolate chunk brownie				✓		✓						✓	
Sticky toffee pudding		☐		✓		✓			☐	☐	☐		
Jersey dairy ice cream						✓						✓	

- ✓ = Contains allergen
- ☐ = Contains ingredient with label that indicates may
- ☐² = Cross-contamination risk due to cooking method.

We recommend that guests with severe food allergies choose a complete dish from this allergen menu so they can check it does not contain the relevant allergens.

Customers with severe allergies are also advised to place their order separately, and to choose the relevant allergen on our ordering site. We will then do our best to avoid cross-contamination for this dish.

All food is prepared in a kitchen which handles allergens. We do our best to reduce the risk of cross-contamination and provide allergen and cooking information so that customers can make their own decision about what dish to eat. We cannot guarantee that any of our dishes are free from allergens. Certain cooking methods (for example deep frying or grilling) may result in exposure to allergens from other dishes cooked using the same method and may therefore not be suitable for people with allergies.

JERSEY CRAB SHACK

DINE-IN ALLERGENS

1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
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SMALL PLATES

Oysters with shallot vinegar							✓						
Oysters with spicy pork sausage		✓		□			✓		□		□	✓	✓
Hass avocado on multigrain toast	□	✓		□				□ ¹	□		✓		
Hass avocado on toast, add free-range egg	□	✓		✓				□ ¹	□		✓		
Hass avocado on toast, add prawn cocktail	✓	✓	✓	✓	✓			□ ¹	□		✓		✓
Rocket salad						✓		□ ¹					✓
Salade composée								□ ¹			✓		
Crispy prawn fritters	□	□ ²	✓	□ ²	□ ²		□ ²	□ ¹				✓	
Jersey crab cake	□	✓	✓	✓	□ ²		□ ²	□ ¹			□ ²	✓	✓
Jersey crab nachos			✓	✓							✓		
Chipotle BBQ pulled pork tacos	✓	✓		✓	✓		✓	✓					
Sticky sesame chicken wings	✓	✓	□ ²	✓	✓			✓			✓	✓	
Pea, cauliflower and courgette pakora									□			✓	
Chilli fried squid	□	□ ²	□ ²	□ ²	✓		✓	□ ¹				✓	
Steamed seasonal greens													

SNACKS & SIDES

New potatoes						✓							
Chips													
Truffle chips						✓							
Sweet potato chips													
Maryland chips	✓												
Spicy corn kernels									□	□	□		
Black niçoise olives													
Continental breads		✓		□			✓		□		✓	□	✓
Toasted gluten-free bread				✓			✓						
Toasted gluten-free bread (without butter)				✓									
Garlic ciabatta		✓					✓		□		□	□	✓
Garlic ciabatta - ham and mozzarella		✓					✓		□		□	□	✓
Spicy pork sausage		✓										✓	✓

BIG PLATES

Crab linguine		✓	✓									□	
Chicken schnitzel		✓	□ ²	✓	□ ²		✓	□ ²	□ ²		□ ²	✓	✓
Crab tacos	□	✓	✓				✓	□ ²					✓
Beetroot Buddha bowl	□							□ ¹			✓	✓	
Beetroot Buddha bowl with chicken	□		□ ²	□ ²	□ ²		□ ²	□ ¹			✓	✓	
Beetroot Buddha bowl with king prawns	□		✓	□ ²	□ ²		□ ²	□ ¹			✓	✓	
Beetroot Buddha bowl with crab	□		✓	✓				□ ¹			✓	✓	
Indonesian seafood curry	□	□ ²	✓	□ ²	✓	□		□ ²	✓				✓
Punjabi lentil curry	□	□						✓					✓
Complète burger		✓	□ ²	✓	✓		✓	□ ²	✓	□	□	✓	
Chipotle BBQ pulled pork tacos	✓	✓		✓	✓		✓	✓					
Beef burger		✓	□ ²	✓	✓		□	□ ²	✓	□	□	✓	
Crispy fried tofu and cashew nut ramen									✓	□	✓	✓	✓
Fish and chips		□ ²	□ ²	✓	✓			□ ²					
Fish tacos with pico de gallo		✓	□ ²	✓	✓			□ ²					
Butternut burger		✓		□					✓		✓	✓	✓
Grande salade composée								□ ¹			✓		
Grande salade composée with chicken			□ ²	□ ²	□ ²		□ ²	□ ¹			✓		
Grande salade composée with king prawns			✓	□ ²	□ ²		□ ²	□ ¹			✓		
Grande salade composée with crab			✓	✓				□ ¹			✓		
Crab salad			✓					□ ¹			✓		

<h1>JERSEY CRAB SHACK</h1> <p>DINE-IN ALLERGENS</p>		1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
CHILDREN'S MENU															
Tomato linguine	✓	✓						✓						□	✓
Fish and chips		□ ²	□ ²	✓	✓				□ ²						
Mini beef burger		✓	□ ²	✓	✓			□	□ ²	✓				✓	
Chicken schnitzel		✓	□ ²	✓	□ ²				□ ²						
PUDDINGS															
Caramelized bananas							□				✓	□		✓	
Passion fruit and mango sorbet								□			□				
Warm chocolate chunk brownie				✓				✓						✓	
Sticky toffee pudding		□		✓				✓			□	□	□		
Jersey dairy ice cream								✓						✓	
Tiramisu		✓		✓				✓						✓	✓
Banoffee meringue tart		✓		✓				✓			✓	□		✓	
Affogato - espresso, vanilla ice cream								✓							
Jersey ice cream shot (Frangelico or Baileys)		✓		✓				✓			✓			✓	✓
Caramelized banana sundae		✓		✓			□	✓			✓	□		✓	
Double chocolate sundae coupe				✓				✓			✓	□		✓	
CHILDREN'S PUDDINGS															
Jersey dairy ice cream, sprinkles								✓						✓	
Children's caramelized bananas		✓		✓				✓						✓	
Children's warm chocolate chunk brownie				✓				✓						✓	

- ✓ = Contains allergen
- = Contains ingredient with label that indicates may contain allergen.
- ¹ = Contains allergen in salad dressing.
- ² = Cross-contamination risk due to cooking method.

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Further information can be found at jprestaurants.com/food-allergy-policy